

Inward Journey Newsletter

Daily Practice Tip Seeing the Beauty



Look for and see the beauty in your life and everything around you. The more you see the beauty out there, the more you see the beauty in yourself. The more you see the beauty in yourself, the more you feel safe to express your love. The more you express your love, the more you will find you do not need to judge, you are not so afraid, you don't get so angry, and people don't irritate you as much. Somehow you know you are resting in a safe, secure, place and all will be ok.

Article Spotlight Personal Ascension

In our article spotlight, we are featuring the article [Personal Ascension](#). Personal Ascension brings to you a broader awareness, a greater consciousness, a deeper meaning to your existence. And above all, it restores to you the peace and the joy and the Love and the harmony of your existence. It allows you to be one with All-That-Is with out resistance.

To read more... visit us on the web at:
www.InwardJourney.com

Anchoring Love

We invite you to spend some time each day holding our world and humanity in Love, for Love is always the answer.

Salem's Monthly Audio Message:

Transition

"Transition" can be difficult for the ego that needs to be in control, but it can also be a beautiful, wonderful, adventure for the human soul. Salem takes a broad perspective look at "Transition" beginning from when you were an unidentified thought pattern.

Listen to a free excerpt at
www.InwardJourney.com

**New Subscribers receive
the first month free!**

Thoughts

"There is no good or bad --
there just is!"

Salem

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Tool Highlight

Meditation

Communicate with your soul. Listen to your spirit. Quiet your mind.

- Tune in to the internal guidance and wisdom within yourself.
- Reach your true power beyond the conscious mind.
- Relieve, reduce, stress; enhance the immune system.
- Increase contentment, inner peace, well being.
- Increase concentration and clarity of thought.
- Put yourself in a highly effective state of mind for healing and transformation

To learn more visit our "[Tools](#)" section.

We Like Hearing From You

Use the [contact form](#) and express your thoughts and comments about the website, articles, or other content.

Mission

Inward Journey - Gateway to Expansion was founded in 1993 to empower people through spiritual self-awareness. This web site is dedicated to assisting you on your journey of personal self-discovery by providing you with tools and resources to help you discover your inner source of power that contains the solutions for life.

[Visit us today](#) and come back often as we add to, hone, and expand the various areas of our site.

With Light and Love,
Inward Journey

Signup to receive our newsletter by email. We will never spam, sell, or give your address away. See our [privacy policy](#).

Free Salem Audio Message

2008 & Beyond: Preparing
for 2012

See if Salem's message resonates with you!

If you are not familiar with Salem's **enlightening** and **inspiring** message, you can download the **free** Salem message "2008 & Beyond: Preparing for 2012" and see if Salem's message is for you.

If you find the articles and other content on the Inward Journey website of value, then we think this 52 minute message is for you. Just go to [InwardJourney.com](#) and look for "Is Salem's message for you?"

Diandra's Consultations

- **Gain Insights Into Your Relationships, Career and Future**
- **Find Answers To Your Questions**

**For an Appointment Call:
Toll Free 1-888-980-5780
1-312-228-9909 (Chicago, IL)**

Diandra is a spiritual intuitive who has helped people around the world gain clarity, direction and purpose in their lives.

Clients consistently comment on the accuracy, professionalism and empowering nature of Diandra's consultations!