

Inward Journey Newsletter

Planetary Changes Changes Affecting Your World



Changes have taken place on the planet! Here is a recap of some key changes Salem has talked about in recent messages.

1. There is much more ability to send light and Love to your planet now by those who really care and are here to help you. The planet is now in a protective light of Love. This has happened as external influences have been removed that were enhancing the fear on the planet. So now is a very effective time for healing and

transformation.

2. A very high level of energy is being anchored into the waterways and it is spreading throughout the planet. That energy is going to impact every life form on the planet, every thing that exists, for it all needs water. What will this do? It will bring clarity of the fear and conflict needing to be healed within all things. So the areas of oneself that requires healing will be clearly known. It then will be a matter of choice to heal these areas or not.

“This is the help that can be given, for the most exciting thing that is happening is the awakening of humanity”. — Salem

Article Spotlight

The Divine Plan

In our article spotlight, we are featuring an article on The Divine Plan. Before you first entered into a human incarnation, you put a safety measure in place to not forget who you are. It is the Divine Plan!

To read more... visit us on the web at:
www.InwardJourney.com

Salem's Monthly Audio Message:

Responding or Reacting to Life

Salem discusses the difference between responding to life and reacting to life. One is driven from the ego and the other from your Soul connected to your Spirit. One brings you a life of joy as it was meant to be, the other can be a more difficult path to the life you desire.

Listen to a free excerpt at
www.InwardJourney.com

**New Subscribers receive
the first month free!**

Thoughts

“It is not that you have to trust the unknown, rather KNOW that you are SAFE in the unknown.”

Salem

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web at:

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Salem's Message for 2009

The Stage is Set

Why do we say the stage is set? The planet is now in a protective light of Love. The external influences that have reinforced fear on the planet have been removed, so it is now up to humanity, you, to continue to transform the fear and pain so what is created is from the power of your Love and not your ego. Therefore, the stage is set for 2009 to be a wonderful time of opportunity to heal and impact your world!

How to do it!

So you say, "Great, the stage is set, but how do you do it?" Well, Salem has given some steps that we will briefly highlight for you.

1. It is important to take time everyday to choose to go beyond the appearances (denying the appearance) in your world and use your creative power to go into the vibrational energy patterns and fill them with unconditional Love. Salem recommends doing this three times a day: morning, during the day, and at the end of the day. It does not have to be long, two minutes is enough if you are focused. But any time you can give to this activity will have a heightened impact on your world, especially now.
2. To be effective, make sure you take a moment to center yourself first. If you are coming from your ego you are hardly in a place to infuse unconditional Love. That means: removing your judgments of what ever you are wanting to heal or transform; removing your need for this creation to change for that is typically driven by fear; and honoring the right of the creation to exist.
3. Set your intent to use your creative power, your Soul's energy, to move into the Divine Love and perfect-ness of Spirit and connect with the vibrational rhythm pattern and infuse it with that Love.

That's it! You are done. You have just used your awesome, creative power to bring about the perfect manifestation of Divine harmony, joy, and Love to your planet and your world.

Remember, you are not doing this to make the outcome what you think it should be, or judge the results of these efforts, for that is ego. You are simply allowing the Divine Perfection of your creative power that goes beyond the understanding of your ego and your mental capacities to be a power on your planet at this time.

Trust that by going beyond the appearances and into the vibration and infusing it with Love, that Love knows how best to heal and transform the creation for the highest and best good of all, and that includes you, even if that outcome is not what you think it should be.

Free Salem Audio Message

2008 & Beyond: Preparing
for 2012

See if Salem's message resonates with you!

If you are not familiar with Salem's **enlightening** and **inspiring** message, you can download the **free** Salem message "2008 & Beyond: Preparing for 2012" and see if Salem's message is for you.

If you find the articles and other content on the Inward Journey website of value, then we think this 52 minute message is for you. Just go to InwardJourney.com and look for "Is Salem's message for you?"

Diandra's Consultations

- **Gain Insights Into Your Relationships, Career and Future**
- **Find Answers To Your Questions**

**For an Appointment Call:
Toll Free 1-888-980-5780
1-312-228-9909 (Chicago, IL)**

Diandra is a spiritual intuitive who has helped people around the world gain clarity, direction and purpose in their lives.

Clients consistently comment on the accuracy, professionalism and empowering nature of Diandra's consultations!

Daily Practice Tip

Transform Your Creations

Make the following declaration your choice:

I choose to go beyond my limitation and experience this world from my point of all-possibilities that I am.

I honor my ego, my creations, and the existence of every thought form I have ever had since I entered the physical dimension.

I bring forth into the light, and Love unconditionally, everything I have ever spoken, thought, or created on all levels of consciousness that have an effect upon my existence in this world.

I call forth all that I have created: past, present, and future; joining with my creations in one nucleus of self-awareness; infusing those creations with the Divine Love of all-possibilities so that all I have created knows it is safe and is transformed into All-That-Is.



Choose to use this declaration on a daily basis. Do not worry about trying to change anything. Do not go to the mind to see if it thinks differently. Do not think! Rather trust that you have set into motion an energy force that is doing the work for you of transforming the ego into a place of safety.

Visit our [Tool](#) section for more Daily Practice Tips.

We Like Hearing From You

Use the [contact form](#) and express your thoughts and comments about the website, articles, or other content.

Mission

Inward Journey - Gateway to Expansion was founded in 1993 to empower people through spiritual self-awareness. This web site is dedicated to assisting you on your journey of personal self-discovery by providing you with tools and resources to help you discover your inner source of power that contains the solutions for life.

[Visit us today](#) and come back often as we add to, hone, and expand the various areas of our site.

Anchoring Love

We invite you to spend some time each day holding our world and humanity in Love, for Love is always the answer.

Thank you for your interest and support of Inward Journey. You are special and worth every effort that can be given to help transform your world so you may live the joyous life that was always meant to be.

Be at peace with your world.

With Light and Love,
Inward Journey

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